

## Map your emotional culture workshop

Behavioural science tells us that emotion drives our behaviour

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In this fun, interactive workshop we use a powerful card deck to work through the process of defining your team's collective emotional culture.

As a group, we will design an Emotional Culture Canvas and define the collective behaviours of the team that will help foster the emotional culture the team has mapped.

There are five parts to this workshop. They can all be done at once, or broken up into segments. Find out more today!

Number of People: 10 - 12Workshop Length: 4 hours

Positive feelings influence satisfaction, connection, motivation and engagement.

Most organisations and leaders don't pay enough attention to *how* employees are or *should* be feeling. They underestimate how central emotions are to building the right culture and employee experience.

They're associated with productivity, performance and quality. Negative feelings usually lead to negative outcomes, poor performance and high turnover.

So when you understand and influence how your people feel you can understand and influence their behaviour. Get in touch today!



"Every organisation has an emotional culture, even if it's one of suppression"

HBR Business Review. Sigal Barsade & Olivia A. O'Neill