





## <u>Design your team</u> <u>culture workshop</u>

The 'Map your emotional culture' workshop is designed to be a hands-on interactive way for the team to come together to co-create the culture of their team.

The objective of the workshop is to map the emotional culture of your team, explore how you support each other, the culture of your team and the way you work together.

Through this workshop we will help:

- Individuals understand their motivations, desires, needs and fears at work, plus their teammates
- Build greater empathy for each other
- Reinforce the great cultural things that already exist within the team and environment

## How we'll run the 3-4 hour workshop

- We'll explore how your people want to individually feel and not feel at work
- Work together to map how the team want to feel and not feel as a collective to be successful (your team's emotional culture)
- Explore how this environment will impact the culture of the team and how they work together day-to-day.

## Option; following the workshop we can meet to:

- Review the workshop and share our learnings and insights we gain from the workshop
- Plan potential next steps for how you might take what we uncover and learnt during the workshop. Discuss strategies and resources that will keep the conversations alive and embed these into the way your team work together.



Rise<u>&</u> Shine