

DISC Personality Profiling



Enhance the communication and the relationships within your team by helping team members understand their own and each other's behavioural styles and preferences.

During this workshop we'll

- Learn how to interpret the DISC framework
- Understand the four primary DISC styles (Dominance, Influence, Steadiness, Compliance)
- Recognise the characteristics, motivations, and communication preferences associated with each style
- Recognise where we sit within the model
- Help team members identify their own DISC profile
- Increase self-awareness and insight into personal communication and work preferences
- Uncover how to (and how not to) communicate effectively with each other
- Learn tailored communication strategies for engaging with different DISC styles

- Share the hidden strengths every team member brings to the table
- Highlight the unique contributions of each DISC style
- Foster appreciation for diverse perspectives and skills

What is DISC

DISC is the world's #1 behavioural assessment, trusted by millions annually and used by an estimated 75% of Fortune 500 companies.

This simple yet powerful four-quadrant model breaks down the universal ways people behave and connect—giving your team a clear, actionable roadmap to thrive.

